

MONDAY ACTIVITIES / BLACK & WHITE**EVENING**

8.00AM POWER WALK MEET IN THE LOBBY
TENNIS
 8:00AM - 8:45AM BIGGINERS LESSONS MAIN COURTS
 8.45AM - 9.30AM INTERMEDIATE MAIN COURTS
 9.30AM - 10.30AM ADVANCE/HIT WITH THE PRO MAIN COURTS

9.00AM MORNING ANNOUNCEMENTS V/MARKET

GOLF

9:00-11.00 AM GOLF LESSONS GREEN

WATERSPORTS

9AM- 5PM PEDAL BOAT RIDE WATER SPORTS
 KAYAKING WATER SPORTS
 9AM- 4PM SUNFISH SAILING WATER SPORTS
 WATER SKIING WATER SPORTS
 WIND SURFING WATER SPORTS
 SNORKEL BOAT RIDE (MUST SIGN UP)
 SNORKELING (MUST SIGN UP)
 GLASS BOTTOM BOAT RIDE (MUST SIGN UP)
 10. AM SWIM LESSONS (MUST SIGN UP)
 FOR MORE INFORMATION PLEASE SEE WATER SPORTS DESK ON THE BEACH

10:00AM ORIENTATION POOL DECK
 11:00AM AQUACISE CLASS MAIN POOL
 11.30AM POOL VOLLEYBALL MAIN POOL
 12:00AM SCAVENGER HUNT POOL DECK
 CULTURAL SESSIONS

12:30AM JAMAICAN HISTORY CLASS P/ DECK
 1.00PM -200PM LUNCH BREAK V/MARKET

2:00PM JAMAICAN TRIVIA QUIZ POOL DECK
 2:30PM BEACH VOLLEYBALL TOURNAMENT BEACH

3:00PM LUNCH TIME FUNTIME POOLDECK
TAKE- A- CHANCE / MUSICAL CHAIRS

TENNIS

3:00PM - 3.45PM BIGINNERS LESSONS MAIN COURTS
 3.45PM - 4.20PM INTERMEDIATE/ ADVANCE MAIN COURTS
 4.20PM - 5.20PM ADVANCE/HIT WITH THE PRO MAIN COURTS

GOLF

3:00-4:00PM GOLF LESSONS GREEN
 CULTURAL SESSIONS

3.30PM JAMAICAN DRINK MIXOLOGY CLASS & DRINKING GAMES MAIN POOL BAR

4.00PM JAMAICAN PASTRY CLASS V/MARKET
 4:00PM PING PONG TOURNAMENT GAMES / ROOM

4:00PM KICK BOXING MEET IN THE GYM

4:00PM ORIENTATION POOL DECK
 4.00-5.30PM AFTERNOON TEA LA PASTA
 HAVE TEA WITH FRIENDS & RELAX AFTER A LONG DAY

5.00PM YOGA / PILATES SESSION (MEET IN THE GYM)

6.00PM COCKTAIL HOUR (PIANIST) MAIN BAR
 6.00- 7.00PM SAXSAPHONIST PLAYS VILLAGE
 6:30PM RESIDENT BAND (NATURAL VIBES) ENTERTAINS V/MARKET

8:00PM EVENING TIME FASHION SHOW PROMENADE
 SIGN UP WITH THE SOCIAL DIRECTORS TO BE APART OF OUR EVENINGTIME FASHION SHOW. YOU WILL RECEIVE TWO HUNDRED POINTS FOR PARTICIPATING.

9:00PM GRAND LIDO CABARET SHOWCASE V/MARKET
 9:45PM SOCA DANCE CLASSES V/MARKET
 10:00- 11.30PM KARAOKE SESSION PROMENADE

10:00PM BLACK & WHITE PARTY DISCO
 DRESS CODE FOR THE EVENING IS BLACK & WHITE
 COME OUT IN YOUR LACE IN THE DISCO AND LET THE DJ ROCK YOUR WORLD UNTIL YOU SAY WHEN.

TEA LEAF & FORTUNE READINGS DONE BY THE PROMENADE / POOL SIDE.

TUESDAY ACTIVITIES/**(CASINO GAMES) SULTRY SEXY & TOGA PARTY**

8:00AM POWER WALK MEET IN THE LOBBY
 8.00AM YOGA SESSION MEET IN THE GYM

TENNIS

8:00AM - 8:45AM BIGGINERS LESSONS MAIN COURTS
 8.45AM - 9.30AM INTERMEDIATE MAIN COURTS
 9.30AM - 10.30AM ADVANCE/ HIT WITH THE PRO MAIN COURTS

9.00AM MORNING ANNOUNCEMENTS V/MARKET

GOLF

9:00- 11. AM GOLF LESSONS GREEN

WATERSPORTS

9PM- 5PM PEDAL BOAT RIDE WATER SPORTS
 KAYAKING WATER SPORTS
 9AM- 4PM SUNFISH SAILING WATER SPORTS
 WATER SKIING WATER SPORTS
 WIND SURFING WATER SPORTS
 SNORKEL BOAT RIDE (MUST SIGN UP)
 SNORKELING (MUST SIGN UP)
 GLASS BOTTOM BOAT RIDE (MUST SIGN UP)
 10.00AM SWIM LESSONS (MUST SIGN UP)
 FOR MORE INFORMATION PLEASE SEE WATER SPORTS DESK ON THE BEACH

10:00AM ORIENTATION POOL DECK
 11:00AM AQUACISE MAIN

POOL
 11:30AM POOL VOLLEYBALL TOURNAMENT MAIN POOL
 12:15PM MUSIC TRIVIA QUIZ POOLDECK

1.00PM -200PM LUNCH BREAK V/MARKET

2:00AM REGGAE DANCE CLASS POOL DECK
 2.30PM HISTORY CLASS ON THE ARAWAK INDIANS & THE DISTRUCTION OF PORT ROYAL) MAIN POOL

3.00PM TOGA WRAP DEMONSTRATION POOLDECK
 3:00PM LUNCHTIME FUNTIME POOLDECK
BEER DRINKING & ARM WRESTLING COMPETITION

TENNIS

3:00PM - 3.45PM BIGINNERS LESSONS MAIN COURTS
 3.45PM - 4.20PM INTERMEDIATE/ ADVANCE MAIN COURTS
 4.20PM - 5.20PM ADVANCE/HIT WITH THE PRO MAIN COURTS

4:00PM POOL BASKETBALL (MOST POINTS) MAIN POOL

4:00PM FISHER PRIZE COMPETITION POOL DECK

4.00PM STEP AEROBICS GYM
 4:00PM ORIENTATION POOL DECK
 4.00-5.30PM AFTERNOON TEA LA PASTA
 HAVE TEA WITH FRIENDS & RELAX AFTER A LONG DAY

5:00PM YOGA/ PILATES SESSION MEET IN THE GYM

6.00PM DART THROWING TOURNAMET GAMES ROOM

6:00PM COCKTAIL WITH THE PIANIST MAIN BAR

6:30PM DINNER V/MARKET

6.30PM RESIDENT BAND NATURAL VIBES ENTERTAINS V/MARKET

7:00PM GLOW LITE PUTTING GOLF TOURNAMENT GREEN

7.30PM FORTUNE READING PROMENADE

7.00PM INTERNATIONAL CRAB RACING PROMENADE

7.30-8.45PM CASINO NIGHT PROMENADE

SIGN UP WITH THE SOCIAL DIRECTORS TO BE APART OF THE COMEDY SESSION

8.45PM JOKE TELLING CONTEST V/MARKET

9:00PM GRAND LIDO CABARET SHOWCASE V/MARKET

9:45PM LINE DANCE SESSION V/MARKET

10:00PM SULTRY SEXY & TOGA PARTY DISCO
 PRIZES WILL BE GIVEN

FOR. MS. SEXY SULTRY, MR. SEXY SULTRY, MOST CREATIVE, MOST CONSERVATIVE, BEST COUPLE, BEST SINGLE & MORE

BRING YOUR OWN TOGA OR JUST COLLECT SHEETS FROM THE ENTERTAINMENT CREW)

IF YOU DO HAVE TOGA'S JUST DRESS SULTRY SEXY & PARTY ALL.

WEDNESDAY ACTIVITIES,
(GRAND LIDO BRACO GALA BEACH PARTY)
THEME: PIRATES' NIGHT

8:00AM POWER WALK MEET IN THE LOBBY
 8:00AM YOGA/KICK BOXING GYM
 8:30AM BOTONICAL TOUR MEET IN THE LOBBY
 9:00AM MORNING ANNOUNCEMENTS V/MARKET

TENNIS

8:00AM - 8:45AM BIGGINERS LESSONS MAIN MAIN
 COURTS
 8:45AM - 9:30AM INTERMEDIATE MAIN COURTS
 9:30AM - 10:30AM ADVANCE/ HIT WITH THE PRO MAIN COURTS

GOLF

9:00-11:00AM PUTTING & CHIPPING GREEN

WATERSPORTS

9PM- 5PM PEDAL BOAT RIDE WATER SPORTS
 KAYAKING WATER SPORTS
 9AM- 4PM SUNFISH SAILING WATER SPORTS
 WATER SKING WATER SPORTS
 WIND SURFING WATER SPORTS
 SNORKEL BOAT RIDE (MUST SIGN UP)
 SNORKELING (MUST SIGN UP)
 GLASS BOTTOM BOAT RIDE (MUST SIGN UP)
 10:00AM SWIM LESSONS (MUST SIGN UP)
 FOR MORE INFORMATION PLEASE SEE WATER SPORTS DESK ON
 THE BEACH

10:00AM ORIENTATION POOL DECK
 11:00AM AQUACISE CLASS MAIN POOL
 11:30AM BEACH OLYMPICS MAIN BEACH
 12:30AM POOL VOLLEYBALL MAIN POOL
 1:00-2:00pm LUNCHTIME VICTORIA MARKET
 2:00PM SALSA & LATIN CLASS POOLDECK
 2:30PM JAMAICAN ART & CRAFT CLASS POOLDECK

LUNCHTIME FUNTIME

3:00PM LUNCHTIME FASHION SHOW POOL DECK
 (SIGN UP WITH THE SOCIAL DIRECTORS BY 12:30PM TO BE A PART OF OUR
 LUNCH TIME FASHIONSHOWCASE)

3:30PM NESWPAPER DANCE & MUMMY WRAP CONTEST POOL DECK

4:00PM SPORTS TRIVIA QUIZ POOL DECK
 4:00PM JAMAICAN COOKING CLASS V/MARKET
 4:00PM POOL VOLLEYBALL MAIN POOL

GOLF

3:00-4:00PM GOLF LESSONS MEET ON THE GREEN

TENNIS

3:00PM - 3:45PM BIGINNERS LESSONS MAIN
 COURTS
 3:45PM - 4:20PM INTERMEDIATE/ ADVANCE MAIN COURTS
 4:20PM - 5:20PM ADVANCE/HIT WITH THE PRO MAIN COURTS

4:00PM AEROBICS GYM
 4:00PM ORIENTATION POOL DECK

6:00PM COCKTAIL HOUR WITH THE PIANIST PIANO LOUNGE
 6:00M SAXAPHONIST PLAYS IN THE VILLAGE SQUARE
 7:00PM RESIDENT BAND ENTERTAINS FOR DINNER BEACH

7:00PM BEACH BUFFET DINNER
 BEACH

8:30PM BEACH PARTY SHOWCASE BEACH
 9:15PM REGGAE DANCE CLASS BEACH
 TREASURE HUNT BEACH
 BATTLE OF THE SEXES BEACH

FUN & GAMES COME OUT AND WIN, WIN, WIN

10:15PM KARAOKE SESSON PROMENADE
 10:30PM REQUEST NIGHT DISCO

TO ALL OUR VALID GUESTS PLEASE FILL OUT YOUR COMMENT
 CARD, YOUR COMMENTS ARE VERY IMPORTANT TO US.
 THANK YOU MANAGEMENT

THURSDAY ACTIVITIES (AMATEUR)
NIGHT, PYJAMA PARTY

8:00AM POWER WALK MEET IN THE LOBBY
 9:00AM MORNING ANNOUNCEMENTS
 V/MARKET

TENNIS

8:00AM - 8:45AM BIGGINERS LESSONS MAIN MAIN
 COURTS
 8:45AM - 9:30AM INTERMEDIATE MAIN COURTS
 9:30AM - 10:30AM ADVANCE/ HIT WITH THE PRO MAIN COURTS

GOLF

9:00- 10:30AM GOLF LESSOSNS GREEN

WATERSPORTS

9PM- 5PM PEDAL BOAT RIDE WATER SPORTS
 KAYAKING WATER SPORTS
 9AM- 4PM SUNFISH SAILING WATER SPORTS
 WATER SKING WATER SPORTS
 WIND SURFING WATER SPORTS
 SNORKEL BOAT RIDE (MUST SIGN UP)
 SNORKELING (MUST SIGN UP)
 GLASS BOTTOM BOAT RIDE (MUST SIGN UP)
 10:AM SWIM LESSONS (MUST SIGN UP)
 FOR MORE INFORMATION PLEASE SEE WATER SPORTS DESK ON
 THE BEACH

10:00AM ORIENTATION POOL DECK
 11:00AM AQUACISE MAIN POOL
 11:30AM POOL OLYMPICS MAIN POOL

12:00PM POOL VOLLEYBALL MAIN POOL
 12:30PM BODILIOUS CONTEST POOL DECK
 1:00PM -200PM LUNCH BREAK V/MARKET
 1:00PM LUNCHTIME FUNTIME POOL DECK

BINGO EXTRAVAGANZA

3:30PM AMATEUR NIGHT REHEARSAL
 V/MARKET
 GUESTS ARE ASKED TO SIGN UP WITH YOUR SOCIAL DIRECTORS

4:00PM BILLIARDS TOURNAMENT POOL BAR

GOLF

3:00PM-4:00PM GOLF LESSONS GREEN

TENNIS

3:00PM-5:20PM TENNIS TOURNAMENT MAIN COURTS

4:00PM AEROBICS GYM
 4:00PM ORIENTATION POOL DECK
 5:00PM YOGA / PILATES IN THE GYM
 6:30PM DINNER V/MARKET

7:00PM RESIDENT BAND NATURAL VIBES ENTERTAINS V/MARKET
 7:00PM EARLY MATINEE AT THE COURT HOUSE

9:00PM AMATEUR NIGHT SHOWCASE V/MARKET
 10:30PM SING - A - LONG PIANO LOUNGE
 10:30PM PYJAMA PARTY DISCO

**COME DRESS IN YOUR PYJAMA,
 BOXERS, NEGLISEE, YOU MUST WEAR YOUR
 SLEEP WEAR.**

ONLY THE HOTEL PHOTOGRAPHER IS ALLOWED TO
 TAKE A CAMERA INSIDE THE PYJAMA PARTY

WE WILL JUDGE THE FOLLOWING
 MOST BODILIOUS, BEST COUPLE, SEXIEST MALE AND
 SEXIEST FEMALE.

FRIDAY ACTIVITIES**(STREET PARTY/ JAMAICA LAND WE LOVE)**

8:00AM POWER WALK MEET IN THE LOBBY
 8:00AM YOGA SESSION MEET IN THE GYM
 9:00AM MORNING ANNOUNCEMENTS V/MARKET

TENNIS

8:00AM - 8:45AM BIGGINERS LESSONS MAIN MAIN
 COURTS
 8:45AM - 9:30AM INTERMEDIATE MAIN COURTS
 9:30AM - 10:30AM ADVANCE/ HIT WITH THE PRO MAIN COURTS

GOLF

9:00-10.30AM FUNDAMENTALS GREEN

WATERSPORTS

9PM- 5PM PEDAL BOAT RIDE WATER SPORTS
 KAYAKING WATER SPORTS
 9AM- 4PM SUNFISH SAILING WATER SPORTS
 WATER SKING WATER SPORTS
 WIND SURFING WATER SPORTS
 SNORKEL BOAT RIDE (MUST SIGN UP)
 SNORKELING (MUST SIGN UP)
 GLASS BOTTOM BOAT RIDE (MUST SIGN UP)
 10.AM SWIM LESSONS (MUST SIGN UP)
 FOR MORE INFORMATION PLEASE SEE WATER SPORTS DESK ON THE BEACH

10:00AM ORIENTATION POOL DECK
 11:00AM AQUACISE MAIN POOL
 11:30AM POOL VOLLEYBALL MAIN POOL

12:00AM SCAVENGER HUNT POOL DECK
 12:00AM JAMAICAN HISTORY CLASS POOL DECK
 12.40PM JAMAICA TRIVIA QUIZ POOL DECK

1:00-2.00pm LUNCHTIME VICTORIA MARKET
 1.00-2.00 AFROTECH STEEL BAND ENTERTAINS V/MARKET

2:00PM POOL VOLLEYBALL TOURNAMENT MAIN POOL

LUNCHTIME FUNTIME

3.00PM SITCOM TRIVIA
 SOCA & REGGAE DANCE CLASS POOL DECK

3.30PM BEACH VOLLEYBALL TOURNAMENT
 MAIN POOL

CULTURAL SESSION

4.00PM DOMINO TOURNAMENT POOL DECK
 4.00PM STEEL DRUMS LESSONS POOLDECK
 COME OUT AND LEARN THE ART OF PLAYING THE STEEL DRUMS

GOLF

3:00-4:00PM GOLF TOURNAMENT GREEN

TENNIS

3:00PM - 3.45PM BIGINNERS LESSONS MAIN
 COURTS
 3.45PM - 4.20PM INTERMEDIATE/ ADVANCE MAIN COURTS
 4.20PM - 5.20PM ADVANCE/HIT WITH THE PRO MAIN COURTS

4.00PM FORTUNE READING PROMENADE
 4:00PM AEROBICS GYM
 4:00PM ORIENTATION POOL DECK

CIGAR SALE

7.00PM VILLAGE SQUARE

7:00PM GRAND GALA DINNER V/ SQUARE

9:00-11PM JAMAICA STREET DANCE VILLAGE SQUARE

PUT YOUR DANCING SHOES ON AND LET'S PARTY.
 WE WILL TEACH YOU THE LATEST REGGE MOVES STARTING
 FROM ROCK STEADY TO LATEST MOVES ON THE DANCEHALL

SATURDAY ACTIVITIES (CRAFT FAIR DAY)**(MARDI GRAS & RETRO NIGHT)****CASINO IN THE VILLAGE**

8.00AM POWER WALK MEET IN THE LOBBY
 8:30AM BOTONICAL TOUR MEET IN THE LOBBY

9.00AM MORNING ANNOUNCEMENTS V/MARKET

TENNIS

8:00AM - 8:45AM BIGGINERS LESSONS MAIN MAIN
 COURTS
 8.45AM - 9.30AM INTERMEDIATE MAIN COURTS
 9.30AM - 10.30AM ADVANCE/ HIT WITH THE PRO MAIN COURTS

WATERSPORTS

9PM- 5PM PEDAL BOAT RIDE WATER SPORTS
 KAYAKING WATER SPORTS
 9AM- 4PM SUNFISH SAILING WATER SPORTS
 WATER SKING WATER SPORTS
 WIND SURFING WATER SPORTS
 SNORKEL BOAT RIDE (MUST SIGN UP)
 SNORKELING (MUST SIGN UP)
 GLASS BOTTOM BOAT RIDE (MUST SIGN UP)
 10.AM SWIM LESSONS (MUST SIGN UP)
 FOR MORE INFORMATION PLEASE SEE WATER SPORTS DESK ON THE BEACH

10:00AM ORIENTATION POOL DECK
 11:00AM AQUACISE MAIN POOL
 11:30AM POOL VOLLEYBALL M/ POOL
 12:00PM TREASURE HUNT POOL DECK

1.00PM BLLIARDS TOURNAMENT G/ ROOM

1:00-2.00pm LUNCHTIME VICTORIA MARKET
 100PM- 2.00PM ENTERTAINING FOR LUNCH IS
 THE JAMAICA FOLK GRP
 V/MARKET

2.00PM RASTAFARIAN HERBAL LESSONS POOL DECK
 COME AND LEARN WHAT SICKNESS CAN BE CURED FROM
 USING HERBS.

2.00PM DART THROWING TOURNAMENT G/ROOM

3.00PM LUNCHTIME FUNTIME POOL DECK

BINGO EXTRAVAGANZA

4.00PM INTERNATIONAL TRIVIA QUIZ P/DE CK

TENNIS

3:00PM - 3.45PM BIGINNERS LESSONS MAIN
 COURTS
 3.45PM - 4.20PM INTERMEDIATE/ ADVANCE MAIN COURTS
 4.20PM - 5.20PM ADVANCE/HIT WITH THE PRO MAIN COURTS

4:00PM ORIENTATION POOL DECK

6.00PM TABLE TENNIS TOURNAMENT GAMES ROOM

7.00PM RESIDENT BAND NATURAL VIBES
 ENTERTAINS V/MARKET

7.00PM INTERNATIONAL CRAB RACING- PROMENADE

8.00PM CASINO NIGHT PROMENADE

9:00PM GRAND LIDO CABARET SHOWCASE
 V/MARKET

10.00PM ROCK'N ROLL CONTEST VMARKET

10.00PM MARDI GRAS & RETRO PARTY DISCO

Come out & party with the entertainment crew
 Don't forget to take your Bell- bottoms, Wigs, Beads, and
 Mask etc. Dress for the occasion and be a winner.

SUNDAY ACTIVITIES
(LAS VEGAS NIGHT/ CASINO NIGHT)

7:30AM	HIKING TRAIL	MEET AT LA PASTA
9:00AM	MORNING ANNOUNCEMENTS	V/MARKET
<u>TENNIS</u>		
8:00AM – 8:45AM	BIGGINERS LESSONS	MAIN MAIN COURTS
8:45AM – 9:30AM	INTERMEDIATE	MAIN COURTS
9:30AM - 10.30AM	ADVANCE/ HIT WITH THE PRO	MAIN COURTS
<u>GOLF</u>		
9:00-10:00AM	GOLF LESSONS	GREEN
<u>WATERSPORTS</u>		
9PM- 5PM	PEDAL BOAT RIDE	WATER SPORTS
	KAYAKING	WATER SPORTS
9AM- 4PM	SUNFISH SAILING	WATER SPORTS
	WATER SKING	WATER SPORTS
	WIND SURFING	WATER SPORTS
	SNORKEL BOAT RIDE	(MUST SIGN UP)
	SNORKELING	(MUST SIGN UP)
	GLASS BOTTOM BOAT RIDE	(MUST SIGN UP)
10.AM	SWIM LESSONS	(MUST SIGN UP)
	FOR MORE INFORMATION PLEASE SEE WATER SPORTS DESK ON THE BEACH	
9.30AM	CHURCH SERVICE	L/CONFERENCE ROOM
10:00AM	ORIENTATION	POOL DECK
11.00AM	AQUACISE CLASS	MAIN POOL
11:30AM	POOL VOLLEYBALL TOURNAMENT	BEACH
11.30AM	FISHER PRIZE	POOL DECK
12:00PM	G. L. B TRIVIA QUIZ	POOLDECK
12.30PM	BEST TAN COMPETITION	POOL DECK
1.00- 2PM	LUNCH TIME BREAK	V/MARKET
2.00PM	BEACH VOLLEYBALL TOURNAMENT	MAIN POOL
3:00PM	LUNCHTIME FUNTIME	POOLDECK
	MY CUP RUNNETH OVER & FIND YOUR MATE	
<u>TENNIS</u>		
3:00PM – 3.45PM	BIGINNERS LESSONS	MAIN COURTS
3.45PM – 4.20PM	INTERMEDIATE/ ADVANCE	MAIN COURTS
4.20PM – 5.20PM	ADVANCE/HIT WITH THE PRO	MAIN COURTS
4:00PM	ORIENTATION	POOL DECK
4.00PM	CROQUET TOURNAMENT	MEET IN THE POOL DECK
4:30PM	FISHING	MEET IN THE LOBBY
6.00-7PM	COCKTAIL WITH PIANIST ENTERTAINS	P/LOUNGE
7:00PM	SAXSAPHONIST ENTERTAINS IN THE	VILLAGE
7:00PM	NATURAL VIBES BAND ENTERTAINS	V/MARKET
7:00-8.45PM	CASINO NIGHT	PROMENADE
	BLACK JACK, CROWN & ANCHOR	
8:30PM	COUPLES GAMES	V/MARKET
9:00PM	GRAND LIDO BRACO GALA SHOWCASE	V/MARKET
10:00PM	VEGAS NIGHT	DISCO
	BE CREATIVE AND WEAR YOUR VEGAS OUTFIT PARTY UNTIL YOU SAY WHEN	
10:30PM	SING- A- LONG	MAIN BAR

NOTICE PAGE

Grand Lido Braco Nurses Station Information

Ladies and Gentlemen

Our Resort provides 24 hours nursing services between the hours of 9:00 am to midnight.

At midnight, the station is closed but we have an on call system in case of emergencies.

We have two resident nurses and other sessional nurses available to ensure full coverage.

Please note that the nurses station only provides "First Aid Services", for other medical services including Doctors, hospitals etc. There is an additional cost, please see information below.

In case doctor services are needed, we have doctors on call at an additional cost of:

The cost for the Doctors visit is US\$120.00 & US\$140.00.
The cost for Medication or Treatment range from US 65 - 80 US or more

Cost can be variable depending on the client management.

For Hospital services see information below:

1-
St. Ann Bay Hospital- This hospital is located in Parish of St. Ann Bay, which is approximately 35 minutes driving to the east of the island

2-
Cornwall Regional Hospital is located in City of Montego Bay approximately 1 hour and 10 minutes driving to the west section of the island.

For further information see the resident nurse

The ext. is 54; Our Nurse's Station is located right beside the Logo Shop after you pass the front office going in direction to La Pasta Restaurant.

Our Super-special team at Grand Lido Braco Resort wishes you a safe and happy vacation!

AEROBICS

PLEASE COLLECT YOUR AEROBIC SCHEDULE EACH WEEK AT THE GYM / SPA.
PLEASE SEE COPY ON THE NOTICE BOARD.

PRIVATE TENNIS & GOLF LESSONS
FOR PRIVATE TENNIS LESSONS TENNIS LESSONS YOU SIGN UP AT THE MAIN TENNIS COURT

ABSOLUTELY NO TENNIS WHEN THE COURT IS WET

FOR PRIVATE GOLF LESSONS YOU SIGN UP AT THE GOLF GAZEBO

LADIES & GENTLEMEN OUR CRAFT TRADERS ARE LOCATED ON THE MAIN BEACH. THEY SELL A WIDE VARIETY OF ITEMS, PRICES ARE AFFORDABLE.

LADIES & GENTLEMEN, TO ENSURE OUR CLIENTS ARE FREE FROM INSECT BITES, FOGGING WILL BE DONE EVERY EVENING AT 6PM IN THE VILLAGE AND OTHER AREAS.

THANK YOU

PLEASE COLLECT YOUR TENNIS RACKETS AND BALLS AT THE ENTERTAINMENT OFFICE AFTER 5.30PM
LUDI AND DOMINOES ARE AVAILABLE ON THE POOLDECK DAILY (SEE YOUR SOCIAL DIRECTORS)

ITEMS AVAILABLE IN THE GAMES ARE AS FOLLOWS:
CABLE TELEVISION
BOARD GAMES

RAINY DAY ACTIVITIES ARE DONE IN THE GAMES ROOM, VICTORIA MARKET & MAIN BAR.

AU NATUREL

**MONDAY ACTIVITIES & CULTURAL SESSIONS
(FANTASY NIGHT & BLACK & WHITE FIESTA)**

8.00AM POWER WALK MEET IN THE LOBBY

9.00AM MORNING ANNOUNCEMENTS V/MARKET

10:00AM ORIENTATION TEXTILE POOLDECK

10.AM SWIM LESSONS WATERSPORTS
(SIGN UP A DAY IN ADVANCE WITH WATER SPORTS)

11.00AM POOL VOLLEY BALL NUDE POOL

11.30AM FISHER PRIZE NUDE BAR
11:30AM AQUACISE NUDE POOL

12:00PM JAMAICAN HISTORY POOL BAR
1:00PM JAMAICAN TRIVIA QUIZ POOLDECK
1.00- 2.00PM LUNCH TIME BREAK V/MARKET
2.00PM SCAVENGER HUNT POOL DECK

LUNCH TIME FUN TIME

3.00PM DRINK MIXOLOGY & DRINKING GAMES POOL BAR

3:30PM BEST TAN COMPETITION, BODY PAINTING CONTEST POOL BAR

4:00PM POOL VOLLEYBALL NUDE POOL
4.00PM ORIENTATION TEXTILE POOL DECK

5:00PM YOGA/PILATES CLASS MEET IN THE GYM

6PM COCKTAIL HOUR WITH THE PIANIST P/LOUNGE
6:30PM NATURAL VIBES BAND ENTERTAINS V/MARKET

7.00PM AU NATUREL COOK OUT (DINNER) P/DECK
DRESS CODE MUST BE AU NAUTREL

8:00PM FASHION SHOWCASE PROMENADE

9.00PM GRAND LIDO CABARET SHOWCASE
V/MARKET

9:30- 12.30PM

“FANTASY PARTY”

AT THE AU NATUREL CLUBHOUSE

10.00PM KARAOKE SESSIONS PROMENADE

ITEMS AVAILABLE AT THE CLUBHOUSE ARE:
CABLE TELEVISION
BOARD GAMES
TENNIS RACKETS AND BALLS

LUDI AND DOMINOES ARE AVAILABLE ON THE POOLDECK DAILY
(SEE YOUR SOCIAL DIRECTORS)

ALL ACTIVITIES ARE SUBJECT TO CHANGE

AU NATUREL

**TUESDAY ACTIVITIES
SULTRY SEXY & TOGA PARTY**

8.00AM POWER WALK MEET IN THE LOBBY

9.00AM MORNING ANNOUNCEMENTS
V/MARKET

TENNIS

8:30- 10.30AM TENNIS LESSONS NUDE COURT

10.AM SWIM LESSONS WATERSPORTS
(SIGN UP A DAY IN ADVANCE WITH WATER SPORTS)

11:00AM BOCCI BALL GARDEN
11:00AM POOL VOLLEYBALL NUDE POOL

11.30AM AQUACISE NUDE POOL

12.00PM MUSIC TRIVIA QUIZ POOL DECK

12.30PM POOL BASKETBALL (MOST POINTS) AU NATUREL

1.00- 2.00PM LUNCH TIME BREAK
V/MARKET

2.00PM HISTORY CLASS ON THE AWARAK INDIANS
AND THE DISTRUCTION OF PORT ROYAL P/DECK

2:30PM TOGA WRAP DEMONSTRATION POOL DECK

LUNCH TIME FUN TIME

3:00PM MY CUP RUNNETH OVER & NEWS PAPER
DANCE POOL DECK

3.30PM POOL VOLLEYBALL NUDE POOL

4.00PM CROQUET TOURNAMENT GARDEN
4:00PM DIRTY JOKE TELLING LARGE HOT TUB

4.00PM ORIENTATION TEXTILE POOL DECK

5:00PM YOGA /PILATES CLASS MEET IN THE GYM

6:30PM NATURAL VIBES BAND ENTERTAINS
V/MARKET

EVENING PROCEEDINGS IN THE VILLAGE
7.00PM INTERNATIONAL CRAB RACING
PROMENADE

7.00-8.45PM CASINO NIGHT PROMENADE
8.45PM JOKE TELLING CONTEST

V/MARKET
PLEASE SIGN UP WITH THE SOCIAL DIRECTORS

9.00PM GRAND LIDO CABARET SHOWCASE
V/MARKET

9.45PM LINE DANCE CLASS WITH THE RESIDENT
BAND & SOCIAL DIRECTORS
V/MARKET

10.00PM TOGA & SULTRY SEXY DISCO
WE WILL BE JUDGING

MS. SEXY SULTRY, MR. SEXY SULTRY, MOST CREATIVE, MOST
CONSERVATIVE, BEST COUPLE, BEST SINGLE & MORE

(PLEASE COLLECT YOUR TOGA SHEETS AT THE DISCO,

AU NATUREL
WEDNESDAY ACTIVITIES
 (GRAND LIDO BRACO PRIRATE'S NIGHT)

8.00AM POWER WALK MEET IN THE LOBBY
 8.00AM AEROBICS/ YOGA MEET IN THE GYM

9.00AM MORNING ANNOUNCEMENTS V/MARKET

10.00AM SWIM LESSONS WATERSPORTS
 (SIGN UP A DAY IN ADVANCE WITH WATER SPORTS)

11:00AM POOL VOLLEYBALL NUDE POOL

11.30AM CROQUET TOURNAMENT GARDEN

11:30PM AQUACISE NUDE POOL

12.30PM SPORTS TRIVIA QUIZ POOL DECK

1.00- 2.00PM LUNCH TIME BREAK V/MARKET
 2:00PM MUMMY WRAP CONTEST &
 BODY PAINTING CONTEST P/DECK

LUNCH TIME FUN TIME

3.00PM POOL VOLLEYBALL NUDE POOL

3.30PM REGGAE DANCE CLASS POOL DECK

4:00PM BOCCI BALL NUDE POOL
 4.00PM ORIENTATION TEXTILE POOL DECK

7.00PM BEACH PARTY DINNER M/ BEACH
 7.00PM NATURAL VIBES BAND ENTERTAINS M/BEACH

8.30PM BEACH PARTY SHOWCASE M/BEACH

TREASURE HUNT
 REGGAE DANCE CLASS
 FUN & GAMES
 BATTLE OF THE SEXES

10.00PM AU NATUREL BON FIRE - NUDE BEACH
 10.15PM KARAOKE SESSION VILLAGE
 10.00PM SALSA & LATIN NIGHT DISCO

ABSOLUTELY
NO PICTURE TAKING ON THE
NUDE SIDE

ALL ACTIVITIES ARE SUBJECT TO CHANGE

AU NATUREL
THURSDAY ACTIVITIES & CULTURAL
SESSIONS, PYJAMA PARTY &
AMATEUR NIGHT SHOWCASE

8.00AM POWER WALK MEET IN THE LOBBY

9.00AM MORNING ANNOUNCEMENTS V/MARKET

TENNIS

8:30- 10.30AM TENNIS LESSONS NUDE COURT

10:00AM ORIENTATION MAIN POOL DECK
 10.00AM SWIM LESSONS WATERSPORTS
 (SIGN UP)

10.30AM AU NATUREL BOAT TRIP
 SIGN UP WITH WATERSPORTS A DAY IN ADVANCE

11.00AM POOL VOLLEYBALL NUDE POOL

11.30AM FISHER PRIZE POOL DECK

12.00PM POOL OLYMPICS NUDE POOL
 12.30PM SHOWBIZ TRIVIA QUIZ POOL BAR

1.00- 2.00PM LUNCH TIME BREAK V/MARKET

2.00PM CROWN & ANCHOR POOL BAR
 2.30PM JAMAICAN PATOIS CLASS POOL BAR
 3.00PM SITCOM TRIVIA
 POOL BAR

3.30PM GUEST & STAFF SHOW REHEARSAL V/MARKET

LUNCH TIME FUN TIME

4:00PM DRINK ING GAMES POOL DECK
 4.00PM POOL VOLLEYBALL NUDE POOL

4.00PM ORIENTATION TEXTILE POOL DECK
 5:00PM YOGA /PILATES CLASS MEET IN THE GYM
 EVENING PROCEEDINGS IN THE VILLAGE

7:00PM NATURAL VIBES BAND ENTERTAINS V/MARKET
 9:00PM STAFF & GUESTS TALENT SHOWCASE V/MARKET

10:30PM PYJAMA PARTY DISCO
 COME DRESS IN YOUR PYJAMA, BOXERS, NEGLISEE, YOU
 MUST WEAR YOUR NIGHT WEAR

10.30PM SING - A - LONG P/ LOUNGE

ONLY THE HOTEL PHOTOGRAPHER IS ALLOWED TO TAKE
 A CAMERA INSIDE THE PYJAMA PARTY

ABSOLUTELY NO TENNIS WHEN THE COURT IS WET
 THANK YOU MANAGEMENT

ALL ACTIVITIES ARE SUBJECT TO CHANGE

AU NATUREL

FRIDAY ACTIVITIES & CULTURAL SESSIONS
STREET PARTY/ JAMAICA LAND WE LOVE

8.00AM POWER WALK MEET IN THE LOBBY

9.00AM MORNING ANNOUNCEMENTS V/MARKET

10:00AM ORIENTATION TEXTILE POOL DECK

10.AM SWIM LESSONS WATERSPORTS
(SIGN UP A DAY IN ADVANCE WITH WATER SPORTS)

11:00AM POOL VOLLEY BALL NUDE POOL

11.30AM BLACK JACK POOL BAR
11.30AM AQUACISE CLASS NUDE POOL

12:00PM TAKE-A-CHANCE POOL DECK
12.30AM SCAVENGER HUNT POOL BAR
1-00PM -2.00PM
AFROTECH STEEL BAND ENTERTAINS V/MARKET

1.00- 2.00PM LUNCH TIME BREAK V/MARKET

2:30PM STEEL DRUMS LESSONS POOLDECK
COME OUT AND LEARN THE ART OF PLAYING THE STEEL DRUMS

3.00PM GRAND LIDO BRACO TRIVIA QUIZ POOL DECK
3.30PM POOL VOLLEYBALL NUDE POOL
4:00PM CROWN & ANCHOR POOL BAR
4.00PM ORIENTATION TEXTILE POOL DECK

EVENING PROCEEDINGS IN THE VILLAGE

7:00PM STREET DANCE DINNER VILLAGE

9:00PM STREET DANCE PARTY VILLAGE

ALL ACTIVITIES ARE SUBJECT TO CHANGE

AU NATUREL

SATURDAY ACTIVITIES (CRAFT FAIR)
MARDI GRAS & RETRO NIGHT
CASINO

8.00AM POWER WALK MEET IN THE LOBBY
8.30AM BONTICAL TOUR MEET IN THE LOBBY

9.00 AM MORNING ANNOUNCEMENTS V/MARKET

10.AM SWIM LESSONS WATERSPORTS
(SIGN UP ONE DAY IN ADVANCE WITH WATER SPORTS)

10.00AM ORIENTATION TEXTILE P/ DECK

11:00AM POOL VOLLEYBALL NUDE POOL

11.30AM BOCCI BALL TOURNAMENT BEACH
11.30AM AQUACISE CLASS NUDE POOL

12:00AM INTERNATIONAL TRIVIA QUIZ P/ DECK

1.00- 2.00PM LUNCH TIME BREAK V/MARKET
2.00PM BATTLE OF THE SEXES P/ BAR

3:00PM BEER DRINKING & ARM WRESTLING POOL DECK
3.30PM POOL VOLLEYBALL N/POOL
3:30PM RASTAFARIAN HERBAL LESSONS POOL DECK
COME AND LEARN WHAT SICKNESS CAN BE CURED FROM
HERBS.

4.00PM BINGO BONANZA NUDE/POOL
4.00PM ORIENTATION TEXTILE POOL DECK

EVENING PROCEEDINGS IN THE VILLAGE

6:30PM NATURAL VIBES BAND ENTERTAINS V/MARKET
7.00PM INTERNATIONAL CRAB RACING PROMENADE

8.00PM CASINO PROMINADE

9:00PM GRAND LIDO CABARET SHOWCASE V/MARKET

9.45PM ROCK N'ROLL CONTEST V/MARKET

10:00 PM MOVIE UNDER THE STARS POOL SIDE

10.00 PM MARDI GRAS & RETRO NIGHT DISCO
Come out & party with the entertainment crew
Don't forget to take your Bell- bottoms, Wigs, Beads, Mask
etc. Dress for the occasion and be a winner.

10:30PM SING- A LONG PIANO LOUNGE

BOARD GAMES, TENNIS RACKETS AND BALLS ARE
AVAILABLE AT THE CLUBHOUSE

ALL ACTIVITIES ARE SUBJECT TO CHANGE

AU NATUREL
SUNDAY ACTIVITIES
(LAS VEGAS NIGHT/ CASINO NIGHT)

7.30AM HIKING TRAIL MEET AT LA PASTA

9.00AM MORNING ANNOUNCEMENTS V/MARKET

9.30AM CHURCH SERVICE L/CONFERENCE ROOM

10.00AM ORIENTATION TEXTILE PIANO BAR

10.AM SWIM LESSONS WATERSPORTS
(SIGN UP WITH WATERSPORTS A DAY IN ADVANCE)

11:00AM POOL VOLLEYBALL POOLDECK

11:30AM TREASURE HUNT NUDE POOL

12:00PM CROQUET GAMES POOLDECK

12:30PM TABLE TENNIS
TOURNAMENT CLUB HOUSE

1.00- 2.00PM LUNCH TIME BREAK V/MARKET

2:00PM MY CUP RUNNETH OVER POOLDECK

3.00PM MUSICAL CHAIRS & BODY PAINTING CONTEST
POOLDECK

4.00PM POOL VOLLEYBALL NUDE POOL
4.00PM ORIENTATION TEXTILE POOL DECK

EVENING PROCEEDINGS IN THE VILLAGE

7:00-8.45PM CASINO NIGHT PROMENADE
BLACK JACK, CROWN & ANCHOR

7.00PM RESIDENT BAND NATURAL VIBES ENTERTAINS V/MARKET

8.30PM COUPLES GAME V/MARKET

9.00PM GRAND LIDO GALA SHOWCASE V/MARKET

10.30PM VEGAS NIGHT DISCO

10.30PM SING- A -LONG MAIN BAR

LADIES AND GENTLEMEN
OUR CRAFT TRADERS ARE LOCATED ON THE
MAIN BEACH
THEY SELL A WIDE VARIETY OF CRAFT ITEMS,
PRICES ARE AFFORDABLE

NOTICE PAGE
Grand Lido Braco Nurses Station Information

Ladies and Gentlemen
Our Resort provides 24 hours nursing services between the hours of 9:00 am to midnight.

At midnight, the station is closed but we have an on call system in case of emergencies.

We have two resident nurses and other sectional nurses available to ensure full coverage.

Please note that the nurses station only provides "First Aid Services", for other medical services including Doctors, hospitals etc. There is an additional cost, please see information below.

In case doctor services are needed, we have doctors on call at an additional cost of:

The cost for the Doctors visit is US\$120.00 & US\$140.00.
The cost for Medication or Treatment range from US\$ 65 - 80 US\$ or more
Cost can be variable depending on the client management.

For Hospital services see information below:

1-
St. Ann Bay Hospital- This hospital is located in Parish of St. Ann Bay, which is approximately 35 minutes driving to the east of the island

2-
Cornwall Regional Hospital is located in City of Montego Bay approximately 1 hour and 10 minutes driving to the west section of the island.

For further information see the resident nurse

The ext. is 54; Our Nurse's Station is located right beside the Logo Shop after you pass the front office going in direction to La Pasta Restaurant.

Our Super-special team at Grand Lido Braco Resort wishes you a safe and happy vacation!

AEROBICS

PLEASE COLLECT YOUR AEROBIC SCHEDULE EACH WEEK AT THE GYM / SPA. PLEASE SEE COPY ON THE NOTICE BOARD.

PRIVATE TENNIS & GOLF LESSONS

FOR PRIVATE TENNIS LESSONS TENNIS LESSONS YOU SIGN UP AT THE MAIN TENNIS COURT
ABSOLUTELY NO TENNIS WHEN THE COURT IS WET

FOR PRIVATE GOLF LESSONS YOU SIGN UP AT THE GOLF GAZEBO

LADIES & GENTLEMEN OUR CRAFT TRADERS ARE LOCATED ON THE MAIN BEACH. THEY SELL A WIDE VARIETY OF ITEMS, PRICES ARE AFFORDABLE.

LADIES & GENTLEMEN, TO ENSURE OUR CLIENTS ARE FREE FROM INSECT BITES, FOGGING WILL BE DONE EVERY EVENING AT 6PM IN THE VILLAGE AND OTHER AREAS.

RAINY DAY ACTIVITIES ARE
DONE IN THE GAMES ROOM,
VICTORIA MARKET & MAIN
BAR.

THANK YOU

